

Smoking Causes Coronary Death

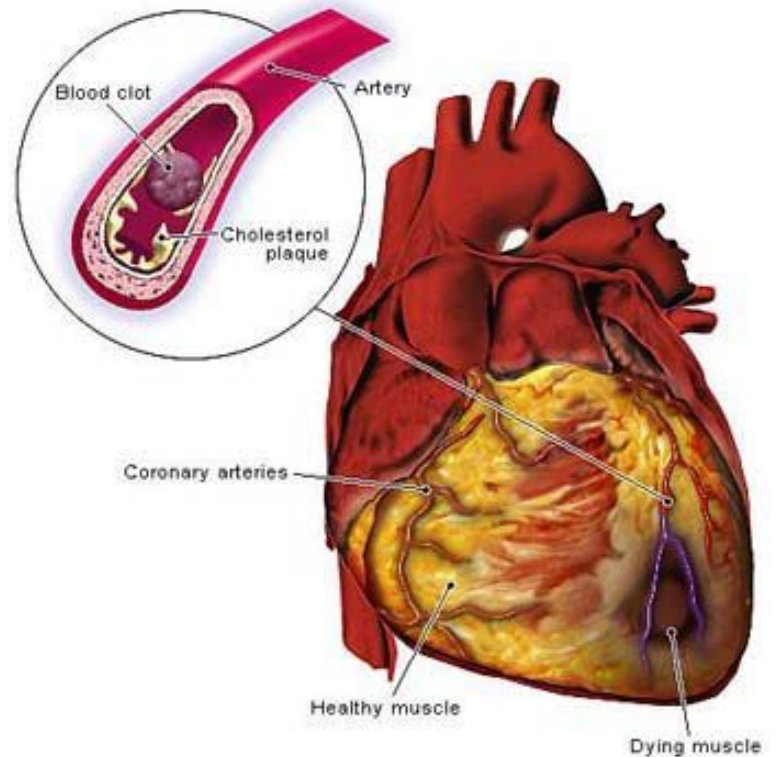
The negative health effects from cigarette smoking account for an estimated 443,000 deaths, or ***nearly one of every five deaths***, each year in the United States.

♥ The coronary arteries supply blood and oxygen to the heart. Smoking causes coronary heart disease, the leading cause of death in the United States.

♥ More deaths are caused each year by tobacco use than by all deaths from HIV, drug use, alcohol use, fires, motor vehicle injuries, suicides and murders combined.

♥ Cigarette smoking causes reduced blood flow that can show up as:

- ♥ High blood pressure, stroke or heart attack
- ♥ Blocked arteries (from cholesterol plaque buildup or blood clot formation)
- ♥ Aortic Aneurysm - a bulging aorta (the aorta runs from the heart through the abdomen)
- ♥ Chest pain, skin ulcers, numbing of fingers or toes, leg cramps, gangrene, etc.



Source: <http://www.cdc.gov/tobacco>

Quit Now! Call 866-974-QUIT (7848) or go to www.TobaccoFreeNE.com for more information on available resources in your area.